# GLUTEN FREE LUNCH MENU

### SERVED DAILY FROM 11.30 AM

#### TRADITIONAL ENGLISH BREAKFAST

2 grilled bacon, hash browns, grilled tomato, baked beans, pan fried mushroom, eggs as you like them, buttered gf toast

# **SMOKED SALMON & SCRAMBLED EGGS**

gf toast, butter

### HAM, EGGS & CHIPS

Thick cut home cooked ham served cold, double fried eggs, skin on fries

Small £7.95 Regular £9.95

#### **HOLDEN WOOD BURGER**

Homemade beef burger, bacon, melted cheddar cheese gf bun, lettuce, tomato skin on fries, homemade coleslaw & red onion chutney

## **HALLOUMI BURGER (v)**

Toasted gf bun, lettuce, tomato, skin on fries, homemade coleslaw & sriracha mayo

### **CROQUE MONSIEUR**

Home cooked ham on gf toast, smothered in a mature cheese & Dijon mustard sauce. Served with hdressed side salad

#### THREE CHEESE PLOUGHMANS LUNCH

Procter's vintage Cheddar, Blacksticks Blue & Kick Ass Rioja & Red Onion Cheddar Cheeses, Home cooked ham, pickled onions, homemade piccalilli, apple. gf bread

#### CHICKEN CAESAR SALAD

Home cooked chicken breast, parmesan cheese, anchovies, house salad bowl with homemade Caesar dressing

# **TUNA NICOISE SALAD**

Tuna, boiled egg, green beans, sliced apple, house balsamic dressing, salad bowl

#### **IACKET POTATOES & SALAD**

**Choose from** 

Tuna

**Cheddar Cheese** 

£9.25 Butter

**Baked Beans** 

Prawn Mayonnaise (Add £1)

Extra Topping (Add £1)

£8.95

## **SANDWICHES**

On gluten free bread with homemade coleslaw and house dressed salad

EGG MAYO £6.25

**NORWEIGAN PRAWN MAYO £7.25** 

**HOMECOOKED HAM & PICCALILLI £6.95** 

**CHEESE & ONION £6.25** 

£11.95 CHEESE & TOMATO £6.25

**TUNA MAYO £6.75** 

**HOME COOKED CHICKEN £6.95** 

£10.95 ADD A BOWL OF SOUP TO ANY SANDWICH INSTEAD OF SALAD & COLESLAW

£7.95

Add £1 for prawn sandwich

#### **GLUTEN FREE TOASTIES**

£8.95 With homemade coleslaw and house dressed salad

HOMECOOKED HAM, MATURE CHEDDAR & WHOLEGRAIN MUSTARD

**CHICKEN, PESTO & MOZZARELLA** 

**MATURE CHEDDAR, RED ONION & CHIVE** 

TUNA & MOZZARELLA

**ALL £7.50** 

ADD A BOWL OF SOUP TO ANY TOASTIE INSTEAD OF SALAD & COLESLAW

£9.95 £8.95

£11.50

#### **FOOD ALLERGENS & INTOLERANCES**

Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients.