

# GLUTEN FREE BREAKFAST MENU

AVAILABLE FROM 9.30 TO 11.30 EVERY DAY

## COOKED BREAKFAST

2 grilled bacon, hash brown, grilled tomato, fried mushrooms, baked beans, eggs how you like them, buttered gf toast

£9.25

## HOLDEN WOOD VEGGIE BREAKFAST

Pan fried mushrooms, 2 grilled tomatoes, baked beans, hash browns, eggs how you like them, buttered gf toast

£8.75

## CROQUE MONSIEUR

Home cooked ham on gf toast with a mature cheddar & Dijon mustard sauce

£7.50

## SMOKED SALMON & SCRAMBLED EGG

w/ gf toast & butter

£8.95

## SMASHED AVOCADO WITH CHILLI & LEMON

gf toast, 2 poached eggs

£7.50

add bacon £2 / add smoked salmon £3

## SMOKED SALMON & CREAM CHEESE TOASTIE

£7.25

## EGGS ON TOAST

Poached, fried or scrambled

£4.95

## BREAKFAST SANDWICHES

on GF roll or bread

Choose from

Grilled bacon

Fried egg

Mushrooms

Tomato

1 Filling £3.75 / 2 Fillings £4.50 / 3 Fillings £5.25

TOAST - gluten free bread toasted

w/ butter and jam or marmalade

£2.25

## GREEK YOGURT

£3.00

add topping

honey, nuts, dried fruit & seeds, strawberry or cherry compotes

£1 each

## HOME MIXED MUESLI

£3.95

## HOT DRINKS

White Coffee £2.8

Long Black £2.70

Americano £2.90

Double Espresso £2.60

Cappuccino £3.10

Caffe Latte £3.10

Flat White £3

Cafetiere £2.9

Mocha £3.3

Extra Shot £0.75p

We serve a double espresso shot as standard in all our coffees

Breakfast Tea £2.25

Speciality Tea £2.50

Earl Grey, Assam, Darjeeling, Lapsang, Ceylon, Green, Fruit, Camomile, Peppermint & Green Teas.

Hot Chocolate £3.1

+ Marshmallows 50p

+ Whipped Cream 50p

## COLD DRINKS

### FENTIMANS BOTANICAL

Dandelion & Burdock

Ginger Beer

Elderflower

Rose Lemonade

£2.75

330ml Bottled Minerals

Coca Cola

Diet Coke

Coke Zero

Sprite

Fanta Orange

£2.50

STATHMORE WATER 275ml

Still or Sparkling

£1.95

### J20 MIXED FRUIT DRINK

Apple & Raspberry

Orange & Passion Fruit

£2.75

### FRUIT JUICES

Orange, Apple &

Cranberry

small £1.50

large £2.50

## FOOD ALLERGENS & INTOLERANCES

Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients. Please ask staff for further information