



# GLUTEN FREE LUNCH MENU

SERVED DAILY FROM 11.30AM

## TRADITIONAL ENGLISH BREAKFAST

2 grilled bacon, hash browns, grilled tomato, baked beans, pan fried mushroom, eggs as you like them, buttered gf toast

£9.25

## SMOKED SALMON & SCRAMBLED EGGS

gf toast, butter

£8.50

## HAM, EGGS & CHIPS

Thick cut home cooked ham served cold, double fried eggs, skin on fries

Small £7.50 Regular £9.50

## HOLDEN WOOD BURGER

Homemade beef burger, bacon, melted cheddar cheese gf bun, skin on fries, homemade coleslaw, red onion chutney, salad garnish

£10.95

## HALLOUMI BURGER (v)

Toasted gf bun, skin on fries, homemade coleslaw, sriracha mayo, salad garnish

£9.95

## CROQUE MONSIEUR

Home cooked ham on gf toast, smothered in a mature cheese & Dijon mustard sauce.

Served with house dressed side salad

£8.95

## THREE CHEESE PLOUGHMANS LUNCH

Procter's vintage Cheddar, Blacksticks Blue & Kick Ass Rioja & Red Onion Cheddar Cheeses, Home cooked ham, pickled onions, homemade piccalilli, apple. gf bread

£11.50

## CHICKEN CAESAR SALAD

Home cooked chicken breast, parmesan cheese, anchovies, house salad bowl with homemade Caesar dressing

£8.95

## TUNA NICOISE SALAD

Tuna, boiled egg, green beans, sliced apple, house balsamic dressing, salad bowl

£8.95

## JACKET POTATOES & SALAD

Choose from

Tuna

Cheddar Cheese

Butter

Baked Beans

Prawn Mayonnaise (Add £1)

Extra Topping (Add £1)

£6.95

## SANDWICHES

On gluten free bread

with homemade coleslaw and house dressed salad

EGG MAYO £5.75

NORWEIGAN PRAWN MAYO £6.95

HOMECOOKED HAM & PICCALILLI £6.50

CHEESE & ONION £5.75

CHEESE & TOMATO £5.75

TUNA MAYO £6.25

HOME COOKED CHICKEN £6.75

ADD A BOWL OF SOUP TO ANY SANDWICH

£7.95

Add £1 for prawn sandwich

## GLUTEN FREE TOASTIES

With homemade coleslaw and house dressed salad

£8.95

HOMECOOKED HAM, MATURE CHEDDAR & WHOLEGRAIN MUSTARD

CHICKEN, PESTO & MOZZARELLA

MATURE CHEDDAR, RED ONION & CHIVE

TUNA & MOZZARELLA

ALL £7.50

ADD A BOWL OF SOUP TO ANY TOASTIE

£8.95

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## FOOD ALLERGENS & INTOLERANCES

Whilst a dish may not contain a specific allergen, due to the wide range of ingredients used in our kitchen, foods may be at risk of cross contamination by other ingredients.

Please ask staff for further information.